



Fernhill
Primary School

The Kite Family of Schools

Our Mission: Together we inspire a lifelong love of learning which enables children to achieve more than they ever believed possible

The Kite
Academy
Trust
Flying high
together



February 5th 2021

Spring 2

Email Addresses

adminoffice@
fernhill.kite.academy

Our School Values:

COURAGE
Confidence
Curiosity
Co-operation

Classes

Oak— Mrs Griffiths
Willow—Mrs Bradshaw
Sycamore - Mr Thomas
Chestnut—Miss Ayre/Mrs Kerr
Maple—Mrs Butler
Cherry Tree— Mrs Nasir

Inset Day

**Our next inset day is
Friday, February 12th**

If you feel you may need help or assistance from one of our Family Support Workers, the Kite Hub or access to a Food Bank, please email :

adminoffice@
fernhill.kite.academy

Dear Families,

While it is much too quiet in school with many of you not here, it has been fantastic to see the remote learning that is happening at home and the wonderful things the children in school are achieving. Thank you to everyone who responded to the Remote Learning Feedback Survey and thank you for the positive comments about the learning and activities provided by teachers. Your kind words are very much appreciated by staff working incredibly hard in unusual and challenging times.

Please do contact the school office or your child's class teacher if you have any questions or concerns. It is important to us that your child is able to access the learning and if there are any barriers to this, we want to work with you to overcome them. We are able to help with wifi and data and laptops or computers so please call if needed.

And finally...

don't forget to checkout our school Facebook page for useful information and news about the school. <https://m.facebook.com/fernhillprimaryacademy/> We're on a mission to increase the number of "likes" and "shares" - please help!

Once again, thank you for all your support. Wishing you a safe and peaceful weekend.

Nicky Slater, Academy Head

We are reviewing and updating school Permission records. Please follow the attached link to update the information for your child:

[School Permissions](#)



Celebration Assembly

Well done to everyone who has received a learning certificate. We're very proud of your hard work and determination!

Oak Class

Jaxson for his home learning - he's always there, always trying.

Nico for a showing amazing persistence in his writing this week

Willow Class

Tilly for expressing herself through lots of creative activities

Erik for always being cheerful and some fantastic house building

Sycamore Class

Michael and Logan D for outstanding engagement with home learning please

Chestnut Class

Grace W for being a tough tortoise and trying her best with all her online learning.

Maple Class

Liam - Making great progress at his times tables by practising every day. Well done!

Vanessa for engagement in her learning tasks & making everyone laugh by winning the joke competition.

Cherry Tree Class

Ceira for improving the quality and quantity of her learning by being reflective!

Daria for great resilience in always trying to challenge herself!

ON LINE SUPPORT

There are very helpful videos on line for families using SeeSaw or Tapestry which can be found at:

<https://web.seesaw.me/parents>

For families using Tapestry:

<https://tapestry.info/parents-carers.html>

<https://www.youtube.com/watch?v=vJ3n56SGxrg>

Class Catch ups, Well Being Wednesday & Family Fun Friday

Every class has a "Catch Up" session on Teams every Tuesday, Wednesday and Thursday. This is a chance to see their friends and teacher, share news and chat about their learning.

Wednesday afternoons are focused on well being and time away from the screen. **Friday afternoons** are a chance to share a fun activity as a family.

School Website

Our school website www.fernhillprimary.kite.academy/children/remote-learning/ Here you will find lots of useful information including on line safety tips and timetables.

7 Top Tips for Supporting Children to EXPRESS THEMSELVES SAFELY ONLINE

The past year has left many children feeling uncertain and worried. So Children's Mental Health Week 2021 has adopted the theme of 'express yourself'. It's not necessarily about being the best – but instead encouraging young people to relish the joy of being 'in the moment' and loving what they do. So whether they're into music, art, photography, film, drama or dance, here are our top tips for helping your child to express themselves safely online.

1 Celebrate their Identity

Celebrating who children are and reminding them of their uniqueness has a huge impact on their confidence and self-esteem. This week, remind them of what you love about them. You could revisit some photos and videos on your phone or computer of special times you've shared. Chat about the importance of finding time to do what they love; underline that it's an important part of who they are.

2 Promote Their Passions

It's different for all of us, but every child has something which ignites their passions and brings them joy. Perhaps they love music and you could introduce them to a music-making app? Or if they enjoy taking photos or making videos, use this week to set a photography or video competition at home, with some fun categories.

3 Support Their Interests

Some children seem to know instinctively what interests them and what they enjoy doing; others can be less decisive about hobbies. Spend some time this week sharing their interests and doing something connected to it together. You could make a short Lego film to post on your Instagram, a vlog about baking that you share with relatives, or just play with them on their favourite video game.

4 Help Them Help Others

Some children love to express themselves through activities which help others. Perhaps your local area's Facebook group has a community project that your family could get involved with – even as a one-off; it doesn't have to be a long-term commitment. Depending on your child's age, you could introduce them to online fundraising (such as sites like JustGiving, for example) and how it can make a difference to less fortunate people.

5 Enable Emotional Expression

Children sometimes need help in articulating how they're feeling and in beginning to understand how to manage their emotions. A safe, healthy way for your child to explore their feelings is to let them conduct an activity – like listening to a story, or creating some art – and discuss with them afterwards how it made them feel. There are lots of stories available on YouTube, while Audible is streaming children's audiobooks free of charge while schools are closed. YouTube also has a plethora of fun art tutorials (if you log in on an adult's account, remember to adjust your settings first to block inappropriate content and stop potentially unsuitable material auto-playing).

6 Let Them Stay Connected

The online world is a fantastic space for staying in contact with those who we can't be with right now. Young people are often very comfortable using social media to express themselves and stay connected by sharing their ideas, thoughts and feelings with friends. But bear in mind that most social media platforms require a child to be at least 13 before they should access it (WhatsApp is 16). Remind your child that, while it's OK to express who we are on social media, they should still always think before posting – and that their self-worth is never measured by their number of likes, friends or followers.

7 Coach 'Safe Sharing'

As part of expressing themselves, your child may want to share something online that they've created – like a funny video, a sketch, a meme or a dance. If they're too young to have their own social media, you could use your own account to share it with selected people who you trust. Emphasise the importance of only sharing content with people that your child knows well, like family and friends. This type of conversation is also useful for introducing young people to the risks and challenges that can come when expressing ourselves to a wider online audience of strangers.

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



About Children's Mental Health Week

Around three children in every primary school class has a mental health problem. Many more struggle with challenges from bullying to bereavement. Now in its seventh year, Children's Mental Health Week shines a spotlight on the importance of young people's mental health – and it's never seemed more relevant than it does in 2021.

Find out more at www.childrensmentalhealthweek.org.uk